

High School Lettering Program

Welcome to the MFSC Letting Program, our second season offering this opportunity for the skaters at Maplewood.

Parents are not to contact schools regarding lettering through Maplewood Figure skating club. Parents are encouraged to look at requirements needed to participate in the school's athletic program and encouraged to have necessary forms on file if their child is interested in working on obtaining a letter and their child meets the minimum requirements of club listed below. A representative from our club will do all correspondence with the school once parents and skater give permission for the club to communicate on their behalf. Skaters should obtain a tracking form from Danielle Semler if interested in participating in the program. . MFSC will communicate directly with individuals if a school needs any permissions or action to be completed by parent or skater. MFSC will work at obtaining an agreement with a skaters High School to award letters to all that meet the requirements for the current season. Full club member skaters who meet lettering requirements of the club or who earn and obtain a letter through a school program shall be acknowledged during the MFSC annual spring banquet.

This program allows skaters who are students of our participating high schools and who are Home Club Members of the MFSC to earn a Varsity Letter in figure skating by meeting certain criteria during the skating season. All skaters interested in the lettering program are **required** to register with the Athletic Department in school in which they attend

OBJECTIVES OF THE PROGRAM

1. To offer high school athletic status to figure skaters.
2. To extend sanctioned high school skating to the sport of figure skating.
3. To give figure skaters the same courtesy and empathy in academic considerations (excused absences and extended deadlines) which traditional high school athletes receive from faculty when events require them to leave school early, be tardy or absent.
4. To recognize the accomplishments and time commitment of figure skaters with a varsity letter award to those who meet the requirements. Official high school athletic recognition is important to college applicants. The time demands of figure skating often preclude student participation in much of the regular high school varsity sports programs.

ELIGIBILITY TO PARTICIPATE IN THE PROGRAM

All Skaters participating in this program must be currently enrolled in a school that doesn't offer opportunity for varsity letters in the sport of figure skating. Varsity Letter recipients must be in their 7th-12th grade school year.

- The Skater must be a current Home Club Member of the MFSC and the U.S. Figure Skating – both memberships must be in good standing.
 - Skater must abide by the High School and Minnesota State High School League activity requirements and have a current Sports Qualifying Physical Form on file at their High School.
1. Must have all required athletic contracts and agreements on file that school or district requires.
 2. Each Skater must adhere to all school district rules, policies and requirements concerning student activities including, but not limited to, attendance, conduct, scholastic standing and other eligibility requirements as required of all school district athletes. **PLEASE NOTE: If the skater fails to adhere to any of the school district requirements, the skater forfeits the right to letter for that season.**

2022/2023 MFSC REQUIREMENTS TO OBTAIN A LETTER

1. Both skater and their parent must give permission for MFSC to contact skaters school.
2. Skater is expected to track completion of requirements needed. Form to track progress will be provided by club. Failure to keep track of on ice time, skate school hours work and extra volunteer hours needed may result in skater not receiving varsity letter for season.
3. Skater must have a minimum of 100 hours on MFSC club ice year-round (June-May).
4. Skater must train under the supervision of an approved USFSA professional coach.
5. Skater must have achieved at least 2 of the 3 following levels:
 - The Freeskate level of Juvenile.
 - The Moves in the Field level of Juvenile.
 - The Dance test level of Bronze.
6. Skaters must communicate to the letter coordinator that they are working towards the goal of obtaining a letter. Minimum test levels do not have to be met prior to completing club requirements. Skaters who have not met minimum test level but plan to meet required levels prior to March 31st should begin working towards other requirements needed. If unsure of current test levels check in current coach and/or lettering coordinator.
7. Skater must participate in the MFSC Annual Spring Ice Show.
8. Skater must participate in at least 2 exhibitions or competitions run by MFSC per 12-month season. These events could be:
 - Fall Classics Events – each category entered counts as 1 event; competing a short program and long program at one competition qualifies for the two-event requirement.
 - Skate School, Holiday Party, or Open House Exhibitions (individual, small group, holiday production group and/or N.F. team program)
9. **Skater must complete all of their own volunteer hours required in club contract and a buyout option can not be used to meet any volunteer requirement.** The volunteer requirement includes 16 hours as MFSC skate school helper, selling candy bars at 2 North Saint Paul Car Shows, AND 5 additional volunteer hours for the club. Additional may include extra shifts at North Saint Paul Car Show, extra skate school helper hours, coaching for club, representing club in local parades, working concessions stand, helping run spring show music during show practice, helping skate school director, helping set up or clean up at any club event, doing volunteer shift at fall classic, helping during Girl Scout badge event or any other time spent helping club grow or maintain standards.
10. Skater must attempt at least one US Figure Skating official test during the 12-month season, with the exception of any skater who has passed their Senior Moves in the Field, Senior Freeskate tests and/or Dance test level of Gold. Once Minimum requirement is achieved by skater tests attempted and not passed will be counted and meet requirements for season.
11. Skater must adhere to all school district rules, policies, and requirements concerning student activities including attendance, conduct, scholastic standing, and other eligibility requirements.

2022/2023 All requirements must be completed by March 31st so skaters can be recognized at our annual spring banquet. The Lettering Coordinator will verify all requirement hours prior to awarding the letter.

Contact Danielle Semler to get 2022/2023 tracking form or for more information and/or questions about Varsity Lettering Program at MFSCmembership@gmail.com

