

2023-2024 High School Lettering Program

This program allows skaters who are home club members of Maplewood Figure Skating Club to receive a high school letter at their school in the sport of figure skating. This program allows schools who participate & partner with us to recognize and honor all the time and effort put in by their students who are figure skaters. Figure skaters of the MFSC can earn a Varsity Letter in figure skating by meeting certain criteria during the skating season. MFSC will communicate directly with schools and their athletic departments. MFSC will work at obtaining all needed agreements with a skaters' High School to award varsity letters to all that meet the requirements for the current season. Full club member skaters who meet lettering requirements of the club or who earn and obtain a letter through a school that has their own program shall be acknowledged during the MFSC annual spring banquet.

All skaters interested in the lettering program are required to have a Minnesota State High School League SPORTS QUALIFYING PHYSICAL EXAMINATION MEDICAL ELIGIBILITY FORM on file with the Athletic Department at their school.

Parents are not to contact schools regarding lettering through Maplewood Figure skating club. Parents are encouraged to look at requirements needed to participate in the school's athletic program and encouraged to have necessary forms on file if their child is interested in working at obtaining a letter. A representative from our club will do all correspondence with the school once the parent and skater give permission for the club to communicate on their behalf.

OBJECTIVES OF THE PROGRAM

- To offer high school athletic status to figure skaters.
- To extend sanctioned high school skating to the sport of figure skating.
- To give figure skaters the same courtesy and empathy in academic considerations (excused absences and extended deadlines) which traditional high school athletes receive from faculty when events require them to leave school early, be tardy or absent.
- To recognize the accomplishments and time commitment of figure skaters with a varsity letter award to those who meet the requirements. Official high school athletic recognition is important to college applicants. The time demands of figure skating often preclude student participation in much of the regular high school varsity sports programs.

ELIGIBILITY TO PARTICIPATE IN THE PROGRAM

1. All Skaters participating in this program must be currently enrolled in a school that doesn't offer opportunity or path for varsity letters in the sport of figure skating. Varsity Letter recipients must be in their 7th-12th grade school year.
2. The Skater must be a current Home Club Member of the MFSC and the U.S. Figure Skating – both memberships must be in good standing.
3. The skater must abide by the High School and Minnesota State High School League activity requirements and have a current Sports Qualifying Physical Form on file at their High School.
4. The skater must have all required athletic contracts and agreements on file that school or district requires.
5. Each Skater must adhere to all school district rules, policies and requirements concerning student activities including, but not limited to, attendance, conduct, scholastic standing and other eligibility requirements as required of all school district athletes.

PLEASE NOTE: If the skater fails to adhere to any of the school district requirements, the skater forfeits the right to letter for that season.

2023/2024 MFSC REQUIREMENTS TO OBTAIN A LETTER

1. Both the skater & a parent must sign and turn in an intent to letter form to Danielle Semler. This form gives MFSC permission to contact a skaters school.
2. The Skater is expected to track completion of all needed requirements by filling out the tracking form provided below. Failure to keep track of on ice time, skate school hours work and extra volunteer hours needed may result in a skater not receiving varsity letter for the season.
3. The skater must have a minimum of 100 hours on MFSC club ice to be completed prior to April 30th 2024
4. The skater must train under the supervision of an approved USFSA professional coach.
5. The skater must have passed at least 2 of the 3 following test levels:
 - o Freeskate level of Juvenile
 - o Moves in the Field level of Juvenile
 - o Solo or Partnered Dance test level of Bronze

Minimum test levels do not have to be met prior to turning in intent to letter form. Skaters who have not met minimum test level but plan to meet required levels prior to April 30th should begin working towards and tracking all other requirements needed. If unsure of current test levels check in current coach and/or lettering coordinator.

6. The skater must participate in the MFSC Annual Spring Ice Show.
7. The skater must participate in at least 1 exhibition or competition run by MFSC. This requirement should be met participating in The Fall Classics, Fall Classic exhibition, or December Holiday Party. *Exhibitions for Northern Fusion will not count towards this requirement.*
8. The skater must participate in and represent MFSC at 1 competition hosted by another club.
9. **The skater must complete all of their volunteer hours required in the membership contract. Buyouts or payment of non participation fees for failure to complete any hours do not meet this requirement. The volunteer requirement includes**
 - o 16 hours as MFSC skate school helper (skater should have 90% of shifts completed prior to April 30th & must be signed up to complete any remaining shifts)
 - o 2 shifts at North Saint Paul Car Shows
 - o 2 shifts as Rink Monitor prior to April 30th
 - o 5 additional volunteer hours for the club

Additional hours can be completed by working extra shifts at North Saint Paul Car Show, extra skate school helper hours, coaching for club, representing club in local parades or community events, working concessions stand shifts, helping run spring show music during show practice, helping skate school director, helping set up or clean up at any club event, doing volunteer shift at fall classic or any other time spent helping club grow or maintain standards.

10. The skater must attempt at least one US Figure Skating official test during the 12-month season. Any skater who has passed Senior Moves in the Field, Senior Freeskate Tests and their Gold Dance Test will not have to take any more USFSA tests to meet this requirement. *Once minimum requirement is achieved by the skater any test that is attempted and not passed will be counted and meet requirements for the season.*

Contact Danielle Semler for any questions about Varsity Lettering Program at MFSCmembership@gmail.com

INTENT TO LETTER FORM

Earning a varsity letter is a major accomplishment and signifies a skater's dedication and achievement. Maplewood Figure Skating Club is proud to sponsor a varsity lettering program to honor MFSC skaters' commitment, achievement, hard work, outstanding sportsmanship, and athletic excellence. MFSC skaters who meet certain criteria during the skating season may earn a varsity letter in figure skating from their high school. Full club member skaters who meet lettering requirements of the club or who earn and obtain a letter through a school program shall be acknowledged during the MFSC annual spring banquet.

I give permission to Maplewood Figure Skating Club to contact the school listed below on behalf of my child/myself to facilitate receiving a Varsity Letter in the sport of figure skating.

Parent Signature

Date

Skater Signature

Date

SKATER NAME _____

SKATER AGE _____

SKATER USFSA NUMBER _____

SKATER SCHOOL for 2023/24 ACADEMIC YEAR

SKATER GRADE _____

SKATER PRIMARY COACH _____

MFSC Varsity Letter Tracking 2023/2024

Skater _____

USFSA # _____

Tests Levels Passed (2 of 3 required)

TESTS ATTEMPTED

Moves/ FS/ Dance	LEVEL	DATE	Location/Club	Pass/ Retry
Moves in field; Juvenile Date:				
Freeskate; Juvenile Date:				
Dance; Bronze Level Date:				

16 Hours as Skate School Helper (list dates)			

Additional Volenteer Hours (5 hr min.)	
Task	Date

Car Show Date Volenteer Dates (2 shift min)

Rink Monitor Dates (2 shift min)

MFSC Event Exhibition or Competition	
Date	
List event name	

Spring Show Participant:

List groups

*form can be turned in prior to spring show sign up.

show information will be added by Danielle

Non MFSC Event Exhibition or Competition	
Date	
Host club name	
Location	
List event name	

2023/2024 Varsity Letter Tracking Form

Skater

USFSA #

School:

100 Hours Skated Tracking

1 2 3 4 5

30 MIN

6 7 8 9 10

11 12 13 14 15

16 17 18 19 20

21 22 23 24 25

26 27 28 29 30

31 32 33 34 35

36 37 38 39 40
