



FALL SESSION-2020

SKATE SCHOOL CLASSES					
Class descriptions on website www.mfscskate.org					
DAY	TIME	LOCATION	DATES	COST	CLASSES OFFERED
SATURDAY	10:00-10:30 a.m.	POLAR ARENA 2444-1 st Ave North St Paul	October 3, 10, 17, 24, 31	5 weeks - \$70	Hockey 1-4
SATURDAY	10:30-11:00 a.m.	POLAR ARENA 2444-1 st Ave North St Paul	October 3, 10, 17, 24, 31	5 weeks - \$70	Snowplow 2-3 Basic 1-4
SATURDAY	11:00-11:30 a.m.	POLAR ARENA 2444-1 st Ave North St Paul	October 3, 10, 17, 24, 31	5 weeks - \$70	Snowplow 2-3 Basic 1-4
FIGURE SKATING CLASSES					
Class descriptions on website www.mfscskate.org					
DAY	TIME	LOCATION	DATES	COST	CLASSES OFFERED
SATURDAY	9:00-10:00 a.m.	POLAR ARENA	October 3, 10, 17, 24, 31	5 weeks - \$100 (30 min class, 30 min practice)	Basic 5-6 Pre-FS-FS3

REGISTER: Online at www.mfscskate.org - click on skate school

WHAT DO SKATERS NEED?

- We recommend all young snowplow beginners wear helmets. Bicycle helmets or lightweight hockey helmets are acceptable. NSSS does not have helmets available.
- Figure skates or Hockey skates - no double blade skates. Please make sure your skates fit properly and the blades are sharp.
- Skaters should wear warm, comfortable clothing. We suggest they dress in layers so jackets or sweaters may be removed as the skaters warm up. Mittens or gloves are a must. No tight jeans, as they restrict movement. Many skaters wear snow pants.

WHAT CLASS DO I SIGN UP FOR?

All new skaters to the program will be evaluated on the first day based on skating ability given on registration and age. More details regarding class descriptions are available on our website www.mfscskate.org Parents are not allowed on the ice during class time or practice time

We offer classes year round! Check website for registration forms and class schedules.

QUESTIONS: Skate School Director Nikki Bennis at 651-398-7183 - adamnikki@comcast.net