



SUMMER SESSION I-2024

We offer lessons year round!

SKATE SCHOOL CLASSES

Classes offered: Snowplow 1-4, Basic 1-6, Hockey 1-4, Adult 1-4 - Class descriptions on website www.mfscskate.org

DAY	TIME	LOCATION	DATES	COST
TUESDAY SKATE SCHOOL	6:20-6:50 p.m.	TCO SPORTS GARDEN (Vadnais Sports Center)	June 11, 18, 25 July 2, 9, 16	6 weeks - \$90
TUESDAY SKATE SCHOOL	6:50-7:20 p.m.	TCO SPORTS GARDEN (Vadnais Sports Center)	June 11, 18, 25 July 2, 9, 16	6 weeks - \$90

FIGURE SKATING SPECIALITY CLASSES

Must be passed Basic 6 - Classes offered: Pre-Freeskate - Freeskate 3 -- Class descriptions on website www.mfscskate.org

DAY	TIME	LOCATION	DATES	COST
TUESDAY FS CLASS	5:10-6:10 p.m.	TCO SPORTS GARDEN (Vadnais Sports Center)	June 11, 18, 25 July 2, 9, 16	6 weeks - \$138 (ice time & group lesson)

HOCKEY EDGE/POWER SKATING CLASSES

Must be passed Hockey 1 or played one year of hockey to take class - contact director for questions
- groups are split based on hockey level and skating experience

DAY	TIME	LOCATIONS	DATES	COST
MONDAY EDGE POWER HOCKEY	6:15-7:00 p.m.	POLAR ARENA (next to North HS)	June 10, 17, 24 July 1, 8, 15	6 weeks - \$96

REGISTER:

- 1) Register online at www.mfscskate.org - click on North Stars Skate School
- 2) Mail form and payment to: NSSS - 8036 Hudson Blvd N Oakdale, MN 55128



QUESTIONS: Skate School Director Nikki at 651-398-7183 - adamnikki@comcast.net - email or text preferred

WHO CAN TAKE LESSONS?

Children can start classes as young as 3 years old - we have a place for all levels - even Adults!

WHAT DO SKATERS NEED?

- We recommend all young snowplow beginners wear helmets. Bicycle helmets or lightweight hockey helmets are acceptable. NSSS does not have helmets available.
- Figure skates or Hockey skates - no double blade skates. Please make sure your skates fit properly and the blades are sharp.
- RENTAL SKATES: Now available at TCO Sports Garden (Vadnais Sports Center) and Polar Arena for NSSS lessons! They are first come first serve and payment is made directly to arena staff. Skates can be rented from Arena staff at the main Welcome Desk in lobby. Limited availability and sizes.
- Skaters should wear warm, comfortable clothing. We suggest they dress in layers so jackets or sweaters may be removed as the skaters warm up. Mittens or gloves are a must. No tight jeans, as they restrict movement. Many young skaters wear snow pants.

WHAT CLASS DO I SIGN UP FOR?

All new skaters to the program will be evaluated on the first day based on skating ability given on registration form and age. More details regarding class descriptions are available on our website www.mfscskate.org Parents are not allowed on the ice during class time or practice time

SUMMER I REGISTRATION FORM

Skater Name: _____ Age _____ Birthdate _____ Male ____ Female ____

Parent/Guardian(s) _____ Phone: _____

Address: _____ City: _____ State: ____ Zip: _____

Email: _____ Skating Level/Skating Ability _____

NSSS/MFSC and its Skating Instructors are not liable for any injuries obtained during lessons or practice times. No make-up sessions or refunds. You will be notified ONLY if the class is full or cancelled. **All NEW skaters will be evaluated on first day.**

Parent/Guardian Signature _____

CHECK LEVEL		CHECK SS CLASS DAY		HOCKEY/FREESKATE		
NEW - EVAL		Tuesday-6:20 pm	\$90	Monday Power Hockey	\$96	TOTAL: _____ <i>Check payable to NSSS</i>
SNOWPLOW		Tuesday-6:50 pm	\$90	Tuesdays-FS Class	\$138	
BASIC/FS						
HOCKEY						
ADULT						